

HERE FOR HER

Amara* entered our center accompanied by her husband, Felix*, conflicted about whether to continue with their unexpected pregnancy. Already parents, Amara was hesitant due to her advanced age, while Felix was reluctant to expand their family.

During their initial meeting with the EPS nurse, Amara's uncertainty regarding her pregnancy decision was evident in her nervous laughter. With Amara so early in her pregnancy, her nurse shared their pregnancy options, explained the support EPS could offer, and scheduled Amara for an ultrasound the following week.

At their subsequent visit, the nurse invited Amara into the ultrasound room first. Once in private, Amara voiced her desire to keep the baby, despite Felix's preference to abort. Throughout the ultrasound, the nurse reassured Amara that no one, including her husband, could force her into ending her pregnancy. This comforting sentiment changed Amara's demeanor, which brightened noticeably upon hearing her baby's heartbeat.

The nurse then invited Felix into the room to listen to his baby's heartbeat. Amara was quiet, prompting Michelle to share with Felix that Amara wanted to keep her baby. Felix replied that he knew their faith told them not to end their baby's life, but he believed that ending this life would be for the greater good of more people, so to him, getting an abortion seemed okay. He acknowledged that he and Amara needed to come to a common solution.

Hearing this, the nurse reminded Felix that Amara cannot be forced to have an abortion, and she went on to discuss the range of support EPS can offer them, both now and in the future.

At the conclusion of the ultrasound, Amara appeared relieved, agreed to another ultrasound the next week to monitor her baby's progress, and even inquired about delivering at EPS.

On her third visit, Amara arrived alone, greeted her EPS nurse with a warm smile, and shared that she had decided against termination, saying, "I cannot take the life of my baby. I have told my husband we will keep this baby."

Currently, Amara's pregnancy is advancing, and she is contemplating participation in our Life Services parenting program, Beginning Essentials. Please keep Amara and Felix, and others like them who struggle with unexpected pregnancies, in your prayers. ▪

**In stories as experienced by staff, client names and personally identifiable information have been redacted or omitted to protect client confidentiality. This story is not representative of the woman and child pictured in this letter.*



BEACONS OF LIGHT

Amara's journey epitomizes the experiences of many EPS clients. In a society that often pressures women to abort, EPS stands as a countercultural beacon of light, offering compassion, empathy, and life-saving support.

Unfortunately, many women who access the abortion pill online may not receive the same opportunity as Amara: a chance to pause, gain perspective with facts, and receive encouragement to persevere through challenging times.

Your one-time or recurring gift assists EPS in countering the prevalence of life-ending messages online, sharing a message of hope with women and families who desperately need support, and providing ongoing guidance and resources to women who choose life.