



hope
community
transformation

We empower women to see beyond their struggle today, and embrace hope for tomorrow.

GLOW
benefit
dinner

ATTEND & SPONSOR! Registration now open! See pages 4 & 5 for details.

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mission

Essential Pregnancy Services (EPS) is dedicated to helping expectant women and parenting families make life-affirming choices for themselves and their children through medical services, education, professional counseling, material assistance and resource information.

services

EPS provides services at no cost, including: pregnancy testing; ultrasounds; STI screenings and treatment; parenting, childbirth and personal growth classes in English and Spanish; professional counseling; material assistance including access to boutiques carrying maternity and baby essentials at two EPS locations; and resource information on adoption, medical care, housing, food, and more.

EPS CENTER LOCATIONS

Benson | Maple Village | Bellevue

EXECUTIVE OFFICES

6220 Maple Street
 Omaha, NE 68104
 402.554.0121

CLIENT WEBSITE

essentialps.org

FRIENDS OF EPS WEBSITE

friendsofeps.org



a letter from our **NEW** executive director



Our staff and volunteers, too, eagerly await Christmas as we prayerfully and compassionately build a culture of life by providing alternatives to abortion for women who are in unplanned pregnancies and difficult circumstances. Every day, we come alongside these brave women who, with reliable information, support and encouragement, choose life for their unborn children—sometimes against the odds. We are extraordinarily blessed to be a part of their stories.

Dear Friends of EPS,

It's the most wonderful time of the year! Throughout the Christmas season, there's a right and beautiful focus on the infant Jesus and our Blessed Mother Mary. The whole world pauses to rejoice in the good news of our Savior coming to earth as a precious newborn baby through the most perfect vessel.

During this holy season, as I consider our clients at Essential Pregnancy Services, I'm reminded of one of my favorite Christmas songs, "A Baby Changes Everything" (as sung by Faith Hill), that tells of Jesus' birth through Mary's eyes. The song opens with these words, "Teenage girl, much too young. Unprepared for what's to come. A baby changes everything." At EPS, we know just how much a baby does change everything!

"A Baby Changes Everything" ends with these words:

*My whole life has turned around
 I was lost but now I'm found
 A baby changes everything
 A baby changes everything*

As you and your family prepare to celebrate baby Jesus' birth, we ask you to remember our clients and their needs in your prayers. And, if you are able and called to do so, please remember EPS in your year-end giving. We are grateful for your support and cannot pursue our mission without your help. May God bless you and your family this Advent and Christmas.

Sincerely,

Laura Buddenberg
 Executive Director

AGENCY ANNOUNCEMENT

We're expanding hours for better outreach to abortion-vulnerable women.

EPS is committed to addressing the needs of women who are pregnant and seeking out help, especially those pursuing abortion services. We must be available and present to these women to provide compassionate support and education so they can make informed, educated decisions.

Beginning February 1, 2020, EPS Centers at Maple Village and Bellevue will increase hours so we are open during the specific times the abortion providers directly adjacent to those buildings are performing abortions.

Our Benson office remains important to our mission. Parenting classes, material resources and professional counseling services make it possible for women and their babies to have a brighter future.

New hours will be listed soon on both our client and donor websites.

ESSENTIALPS.ORG & FRIENDSOFEPS.ORG

fundraising update

BREAKFAST FOR LIFE 2019

The 9th Annual EPS Breakfast for Life was held on Saturday, Aug. 17, 2019, at St. Vincent de Paul with 340 people gathered to listen to the inspirational message of our incredible guest speaker, Rebekah Hagan.

Thanks to the coordinating efforts of the EPS Auxiliary and the generosity of so many hard working supporters **the event was a record-breaking year with more than \$49,000 raised, a 25 percent increase from 2018.**

"I think it's a fantastic morning for people to come together and share in the message of pro-life," says auxiliary member Judy Erdei, who started the breakfast nine years ago as a small effort to raise awareness of EPS and has watched it grow over the years. "I think people are realizing how important EPS is to many of our young mothers."

We have many people to thank! Our sincere gratitude to the women of the EPS Auxiliary, Rebekah Hagan, Aimee Melton, Lt. Governor Mike Foley, Congressman Don Bacon, Fr. Dan Kampschneider, Fr. Andy Alexander, the individuals, families and businesses who provided support by underwriting the costs of the event, and to all who attended! Thank you for your incredible support!

event sponsors

Arby's (17220 W Center Rd & 14145 S St)
 Duchesne Academy
 Lutz Financial
 Rochester Armored Car

underwriters

Our additional thanks to the many event underwriters who helped make this event an extraordinary success. With gratitude, we give additional thanks to these outstanding supporters.

Mike and Suzie Lawler, Larry and Diane Cochran, Bob and Lisa Goldsmith, Dennis and Ellin Murphy Foundation, Louis and Kathi Rotella, Dr. Robert Sueper, Doug and Elaine Wilwerding, & Kirk and Elaine Estee

Photos of the breakfast can be found on our Facebook page – Friends of Essential Pregnancy Services! You can also find a PDF of the event program, including messages from our sponsors, on our website now, FRIENDSOFEPS.ORG.



WE NEED YOUR HELP

Technology has produced radical changes to the way women get their health care information, find answers to their pregnancy questions and make appointments for services.

We must increase our visibility and accessibility to reach women making life-or-death decisions about their pregnancies. Our short-term focus areas include action to: 1) improve our social media and website presence; 2) replace outdoor signage to increase foot traffic; 3) expand the EPS Helpline staffing to assure compassionate and quick response to women seeking our help and services; and 4) enhance safety and security at all EPS Centers. **See this newsletter's back cover for information on how to help us with these vital efforts!**

GLOW

benefit dinner



24th Annual Benefit Dinner
Thursday, February 6, 2020 • 5-9PM

Embassy Suites, La Vista
12520 Westport Pky, La Vista, NE 68128

REGISTRATION NOW OPEN

We're delighted to announce Shawn Carney, CEO & President of 40 Days for Life (a global campaign that has mobilized over 750,000 volunteers), as our featured speaker. 40 Days for Life reports helping over 15,000 women choose life and 186 abortion clinic workers leave their jobs, including Abby Johnson who inspired the best-selling book and 2019 movie, *Unplanned*.

We are confident Shawn's message will inspire new hearts and minds to support our pro-life efforts. **Please prayerfully consider attending this event and sponsoring through underwriting, advertising or donating an auction item.** Your voice, your donation and your personal invitation to friends and family to attend this event matter. You can help us fill the room! **Your efforts make a difference.**

♥ FRIENDSOFEPS.ORG

GLOW - Giving Life through Our Works

"In the same way, faith by itself, if it is not accompanied by action, is dead."

This passage from James 2:17 inspired the theme GLOW. As first responders on the front lines of a spiritual battle for life, we walk confidently in a life-giving direction as we use our words, gifts, prayers and the works of our hands to serve those among us who are in need.

online auction opens 1.16.20

The online auction is integral to the success of GLOW fundraising efforts.

DONATE || Donations to the online auction can be made by contacting Lori at 402.554.0121 or lrice@essentialps.org

BID || Place bids from **January 16 - February 7.**

Bid early & bid often!

biddingforgood.com/essentialps

spread the word

Find a printable GLOW flyer, bulletin and pulpit announcements, and event updates to share with your church, office or community group on our site now.

formal invitations

GLOW invitations will land in mailboxes after Christmas. Would you like to extend an invitation to someone you know? Please call EPS to request additional invites by Dec. 20. We appreciate your efforts to share this opportunity with your networks!

WAYS TO CONTRIBUTE

your support is vital

BUSINESS SPONSORSHIP OPPORTUNITIES

Platinum Sponsor: \$10,000, Gold Sponsor: \$5,000, Silver Sponsor: \$2,500, and Bronze Sponsor: \$1,000

ADVERTISING

All program ads include name recognition on all screens in ballroom during GLOW:

\$1000	Full page Color Ad Ad size: 5.5"x 8.5"
\$500	Half Page Color Ad Ad size: 5.125"x 4"
\$250	Business Card Ad size: 2.5"x 2"
\$100	One-line Listing of Business Name

EVENT UNDERWRITING

All event underwriting opportunities include recognition in GLOW program, website (friendsofeps.org), newsletter and on ballroom screens.

\$40,000	Dinner Sponsor
\$10,000	Keynote Fee Sponsor
\$5,000	Bar Sponsor
\$3,000	Auction Platform Sponsor
\$2,500	Program Printing Sponsor
\$1,500	Table Wine Sponsor — Sponsorship filled!
\$1,500	Dessert Sponsor
\$1,000	Shawn Carney Movie Night Sponsor
\$1,000	Sponsor a School
\$500	Photography Sponsor

GENERAL UNDERWRITING

All general underwriting opportunities include recognition in GLOW program, website (friendsofeps.org), newsletter and on ballroom screens.

\$1,000	\$500	\$250	\$100	Other
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program details

Program ads will be printed in color. If you are supporting GLOW with a platinum, gold, silver or bronze sponsorship, please check the details of your sponsorship package before submitting payment and files

print deadlines

Advertisements for the GLOW Program are due by: Friday, January 24, 2020. Checks may be made payable to Essential Pregnancy Services and mailed to EPS at 6220 Maple Street, Omaha, NE, 68104.

EVENT CONTACT

Lori, lrice@essentialps.org or 402.554.0121



event keynote

SHAWN CARNEY

If you have seen the popular 2019 feature film, *Unplanned*, you would know the vital role a man named Shawn Carney played in the conversion of Abby Johnson, a former Planned Parenthood director who is now an outspoken advocate for the pro-life movement.

The movie portrays the transformation of Abby and depicts the life-changing moment that caused her to leave her position at Planned Parenthood and walk next door into the local anti-abortion facility led by Shawn. It is a scene that is hard to watch but had a tremendous impact on viewers.

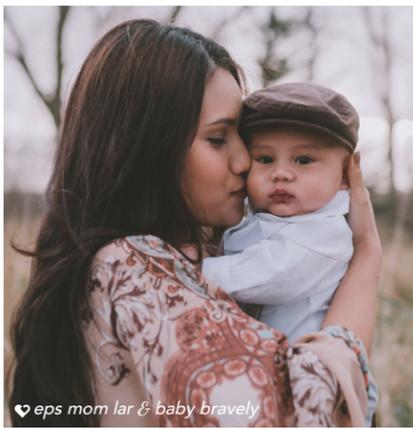
"They'll forget about a lot of things in the movie over time, but they will never forget that scene of a baby being aborted," says Shawn of Abby's pivotal moment of being asked to assist in an ultrasound-guided abortion.

Shawn's efforts began long before *Unplanned* gained critical acclaim across the country. As founder and CEO of 40 Days for Life, Shawn has been a leader in the pro-life movement for the past 15 years. The campaign has seen 104 abortion facilities go out of business and close their doors, including the location where 40 Days for Life started – the building that once employed Abby Johnson is now the headquarters for the campaign.

"It's a witness that abortion can end if it ends on the local level where you live," Shawn says of the groundbreaking campaign efforts.

Shawn is looking forward to joining us for GLOW. He sees abortion as the defining moral issue of our time and knows what we can accomplish when we come together unified and in support of ending abortion.

"When people do small things with great love, there is great power in that and they are changing our culture," says Shawn.



♥ eps mom lar & baby bravely

the *heart* of our *mission*

We are committed to providing compassionate care and loving guidance to every woman who enters our doors. Whatever the circumstances that have brought her to EPS, we strive to encounter her with unconditional love and support without judgment.

The women we meet become a part of our story. Each one of them leaves an impression on our hearts. We are never the same and forever grateful for the opportunity to serve. These are our stories.



the high cost of shame

written by *Hinke Jensen*

"I can't face my mother," she sobs. Her face full of anguish, her pleas are desperate and sorrowful. She glances away, hot shame burning in her face. She considers terminating her pregnancy, desperate to somehow escape the fallout of her situation. She is a freshman in college, and pregnant by a man she barely knows.

As a wave of crushing shame takes hold, all she wants is to hide and disappear.

As a counselor, I know that shame is a very isolating experience; defined by intense feelings of deep inadequacy, unworthiness, dishonor and self-loathing. It's often confused with guilt, but they are far from the same. Whereas guilt is a wrong judgment about your behavior, shame is a bad feeling about yourself. People are not likely to speak about their shame. Instead we retreat within ourselves.

Yet shame can only lose its terrible power by exiting the dark.

I sit with her in the midst of her anguish, willing to hold her pain. Offering words of encouragement and support,

reminding her that we all stumble and fall short in life. That not a soul on earth is irredeemable nor exempt from God's grace. Through our all too human failures, we learn, repent, and grow. And with courage in due time – we triumph.

Slowly she regains her composure, and gives me a tentative smile. The bitter wave of shame has passed.

In the weeks that follow, she discovers the strength to face this new reality head on. She successfully confronts her parents, and chooses life for her child.

In life, we may find ourselves in situations that are completely opposite of our plans. Moments when we are completely overwhelmed and lose all hope. We have no idea how our life will work out. We don't know how we will do it. At times like these, we all need and deserve kindness and compassion. Not judgment and condemnation. EPS exists to extend the hand of love to others, when they most need it.

As an agency and staff, we will always be known for our love. Because love is transformative. Love saves lives. ■

healing of the brokenhearted

The opportunity to be an example of Christ's relentless love was presented to staff when a client, feeling ashamed and broken, sought out the help of Essential Pregnancy Services. Our client was pregnant and embarrassed to share that she had suffered through several abortions prior to this pregnancy, and this would be her first living child. Hoping that she was past the 20 weeks gestation mark, she entered into the Benson doors looking for an ultrasound and acceptance.

The pregnancy test turned positive and her ultrasound revealed a kicking baby with a strong heartbeat. Her eyes welled with tears. Although grateful for positive results, her heart was heavy. She spoke of her struggle with a poor living situation and a broken life. She was no longer in a relationship with the father of her baby and was suffering from feelings of grief and loss after the death of a loved one.

Despite the hopelessness she felt, she continued to welcome guidance and embraced the opportunity to attend parenting classes. She remained teary-eyed throughout her appointment and expressed gratitude for the thoughtfulness of staff who spent time with her.

As she was getting ready to leave through the Benson Boutique doors, she looked at the staff member and stated, "I am so happy I came here." ■



♥ eps mom taylor & baby sergio

love her first so she can choose life

care beyond pregnancy

Not every woman who enters our doors is in the mindset of seeking an abortion. Many women have learned through family and friends of EPS' ability to provide a hand up when facing challenging circumstances or uncertain times.

In need of a caring support system, a woman found her way to us during her first pregnancy and continued to seek out our services through a second pregnancy.

After her first visit, she became committed to participating in EPS' Life Services program. With each parenting class she attended, she earned care currency to shop in the EPS boutique. Through the generosity of our donors who make baby essentials available to our clients, she was able to acquire all the diapers she needed for her babies from birth to 18 months with her care currency.

During her second pregnancy she completed her BSN and passed her board licensure and was hired for her first professional job, which she began at the end of her very short maternity leave. She did all of this as she raised her two-year-old daughter as a single parent and navigated a new healthy long-distance relationship. Prior to this, she worked two part-time jobs as she went to school to make ends meet.

And when she began experiencing symptoms of postpartum depression, she was able to turn to EPS for immediate professional counseling at no cost.

"She is a great example of how EPS stands behind our promise to support the whole woman... as we continue to be there for her as she faces all the challenges of choosing life," says Sue Coffey, EPS counseling manager. ■

client satisfaction

EPS is committed to surveying our clients. **Our year-to-date average is currently 4.93 out of 5.0 points!** We offer them an opportunity to provide us feedback. We're grateful for these replies:

"I don't have a complaint just a compliment. My nurse was excellent. I love her. She is part of the reason I decided to parent. I would love to stay in contact with her if possible. Thank you!"

"Nothing, this place does an insane amount of good!"

"The staff and nurses are very knowledgeable and offer great resources for new mothers. Great experience. Very comfortable atmosphere and people."



We are excited to announce the births of 72 babies since our summer newsletter! With your support, EPS offers services designed to launch the lives of families on the upward path to self-sufficiency through our educational program and access to important material resources. Please keep these families in your daily prayers!

Akai	Baby Girl	Elise	Izra	Leighton	Olivia	Suhasini
Akarama	Benjamin	Ellot	Jakai	Leviticus	Omario	Tredyn
Amamant	Brenley	Elonah	Jasleen	Liam	Orion	Tyrone
Amara	Caiden	Eiza	Jason	Liam	Oura	Violeta
Amari	Charlie	Evelyn	Joseph	Mabely	Princeton	William
Amber	Daniel	Everett	Judah	Maelyn	Ray'Nya	Xavier
Anahi	Daniel	Ezra	Kaiya	Marcus	Riley	
Angel	Daniella	Famira	Kaleb	Mariana	Rodney	
Ariellah	Davia	Gabriel	Kiara	Marisela	Samson	
Aviana	Desmond	Hengrix	Ky-Aire	Martise	Sophia	
Aya	Elijah	Isabella	Layla	Musa	Star	

unsung heroes

written by Hinke Jensen

I know a special brand of pro-life heroes. They are the people in the back room folding clothes, filing paperwork, and greeting clients. Some are tasked with data entry, will instruct classes or serve on our executive and auxiliary boards. Others paint rooms, take pictures, assist in fundraising and client events or mow lawns. All are devoted to the mission, fully committed to serving and loving women and their families in difficult situations.

They serve passionately and selflessly, and often receive little recognition. Yet we would be lost without them. They are the beating heart of our ministry and our mission.

They are our volunteers and the unsung heroes of EPS ministry.

Without their constant, dedicated service other components of our mission would quickly fall apart. Mission critical tasks wouldn't be accomplished, and us staff would struggle to be successful in our jobs.

Over the years, several of these volunteers have become good friends. Their helpful deeds, big smiles, and words of encouragement proved invaluable in ways that cannot be measured on a timecard. They make our work possible and enjoyable. Countless lives are being saved, changed and uplifted because of their dedication.

Volunteers can do that.

To all our beloved volunteers in your various roles: We are deeply thankful for your service. Please know how valuable you are to the overall success of our mission, clients and our staff. Your selfless, heroic dedication is inspiring and admirable, and we need YOU to succeed. We are honored to serve alongside you in this mission every day. ■

her journey to volunteering

written by Lori Rice

As a struggling teenage mom right out of high school, Valerie Kruger had little support from family and friends. The unplanned pregnancy led to an early marriage and she and her husband, Paul, faced many hardships early on as they relied on Medicaid and food stamps to get by. While abortion was never an option for Valerie, she clearly remembers the panic that set in and can identify with women who feel abortion is their only choice.

"I can empathize with them and I know right where they are at, and I know if somebody throws them a life preserver when they are drowning, they are going to grab it," says Valerie.

For Valerie, it was complete strangers who reached out to provide lifelines. A neighbor who offered a bed for her first born daughter who otherwise faced sleeping on the couch; a fellow church member who handed her a hand-made pink blanket for her second child. Simple gestures such as these that happened over 40 years ago continue to touch and influence her life.

"I was overwhelmed that somebody I did not know would stop and do something so kind," says Valerie.

So when they moved to Omaha and discovered EPS later in life, Valerie knew that was where she wanted to give back. She has been involved with EPS for nearly 20 years, first as an employee and later as a member of the EPS Auxiliary where she has helped with many events over the years, most recently focusing on the EPS baby showers where she feels she is able to reach the moms as they begin their journey of motherhood.

"I love to help these moms. I feel like I'm helping myself as a young mom – struggling and confused and not knowing where the next thing is going to come from," says Valerie. "I think it shows community, it shows love. It shows support and that they don't have to feel alone." ■



boutique volunteers needed

We are in need of volunteers who can gift of their time in any of the following ways at our Benson location (6220 Maple Street):

- | | |
|-------------------------------|-------------------------------|
| reception counter | assist clients with questions |
| process faxes | donation sorting |
| data entry | cleaning donations |
| restock shelves | pricing items |
| tidy merchandise on the floor | preparing items for shelving |

To discuss your availability to volunteer, contact Suzie at suziel@essentialps.org or 402.554.0121.

boutique hours Tuesdays 5:00 – 7:30 PM | Wednesdays & Thursdays 1:00 – 4:00 PM

EPS boutique & baby showers

acts of service with great love

EPS is focused on making a positive, lasting impression. Our services are extended to our clients beyond pregnancy and include follow-up calls, professional counseling opportunities, parenting classes, material support through our boutiques and community building events like our baby showers.

One staff member shared:

"A client came in with a family member who needed a pregnancy test. She began talking with me and said she was at the recent baby shower we held in collaboration

your contribution matters!

with the Knights of Columbus. She told me how thankful she was for the shower and that it was *extremely helpful*.

She said that she had five living children and never had a baby shower until her most recent child. Some friends threw her a shower and then she received a shower invitation in the mail from us. She was so grateful to attend and to receive so many baby necessities. It was because of our extended care and acts of kindness that she recommended EPS to her family member who was in for testing and "hopefully" to sign up for classes." ■



our christmas wish list

The old saying goes, "It takes a village to raise a child." But what if there is no village? What if that support system of family and friends is not there? What if your world is crashing down around you and you have no one to turn to, no one to help you through those difficult days, and no hope for better days ahead?

In this season of holiday giving, you can make a difference by giving hope through donations of material resources that our clients can access for free when they participate in EPS programs.

BABY ESSENTIALS size preemie to 5T

- baby keepsake items, new
- baby shampoo & baby lotion
- bibs
- blankets, receiving, crocheted, quilted
- board books for infants & toddlers
- booster seats, new
- bottle brushes, new
- bottles, new Avent & Evenflo
- breast pumps, new
- car seat covers
- car seats, infant and convertible, new
- changing pads
- clothing
- coats, jackets, snowsuits
- crib sheets
- cribs, new in box
- diaper rash ointments
- diaper wipes
- diapers: newborn to pullups

- gloves, hats & mittens for winter
- hats & skull caps for infants and toddlers
- highchairs
- hooded bath towels & wash clothes
- infant formula and baby food
- toothbrushes for infants/toddlers, new
- mattresses, new
- nail care knits, new
- nasal aspirators, new
- onesies, long-sleeve & short-sleeve
- pacifier savers
- pacifiers, new
- pack 'n plays with/without bassinets
- potty chairs, new
- shoes, socks & tights
- sippy cups, new
- spoons & forks for infants/toddlers, new
- strollers

- sunscreen for children
- swings
- teether toys, new
- toys

MOMMY ESSENTIALS

- baby wearing carriers
- breast care ointment
- diaper bags
- lotions
- maternity clothes
- maternity bellabands
- milk storage bags
- nursing pads, new
- nursing covers
- nursing pillows
- scarves and gloves
- toothbrushes

WHEN YOU DONATE

Donations are accepted at all three EPS locations, including: Benson Center (6220 Maple Street, Omaha), Bellevue Center (908 West Mission Avenue, Bellevue), and Maple Village Center (3029 North 93rd Street, Omaha). If you have questions about donating, contact Monica at 402.554.0121 or monicamh@essentialps.org.



Honors & Memorials

August 1 - October 31, 2019

eps baby aiden ♥

honors

ROSEMARY ANDREWS
James Andrews

RON & PATTY DYRA –
50th Anniversary
Richard & Stephanie Cvitanov
Alan & Deanna D'Agosto
Jim & Karen Deignan
Mary Kay Foree
Anthony & Sharon Gedroez
Roger & Betty Hansen
Arthur & Jean Hastings
Scott Hastings
Rod & Carol Heng
Michael & Susan Knier
Naber Chiropractic
Kathy F. Onken
Carla J Petrick-Martindale
Maurice & Pat Shanley
Gary & Ann Thomsen
Kevin & Pamela Wigton
Michael Wiese

GOLDSMITH FAMILY
Mary Anne Goldsmith (in
memorial of Saige's Fund)

KATHLEEN HAYDEN
Tom & Margaret Hoarty

CARRIE HOARTY
Tom & Margaret Hoarty
COLLEEN HOARTY
Tom & Margaret Hoarty

BILL & KATHY KIZER –
50th Anniversary
Michael & Elizabeth Jareske

MAUREEN KUBAT
Tom & Margaret Hoarty

KATIE LASKASKY
Tom & Margaret Hoarty

AIMEE MELTON
Jeff & Julia Palzer

VALERIE PRADHAN
Tom & Margaret Hoarty

KATHLEEN & CORY
TOWNSEND
Georgia Beard

BERNIE & ROSE WILSON –
60th Anniversary
Ronald & Patty Dyrda
Michael & Suzie Lawler

memorials

BARAN BABIES
Paul & Valerie Kruger

DEEARL "BUD" CHASE
Omaha Police Federal
Credit Union

SAIGE'S FUND (SAIGE
CHOQUETTE)
Spencer & Erika Choquette
Annamarie Downard
Mary Anne Goldsmith

JOHN CORDOVA
Tim & Betty Anderson

JULIE BRANNEN
COSTELLO
Steve & Sherry Brownrigg

JEAN FOLEY
John & Suzie Lewandowski

MARGARET GUZIEC
Tom & Margaret Hoarty

MARY KAY HOARTY
Tom & Margaret Hoarty

ED & ROSEMARY KOLEY
Kathleen Gast

JOHN M. KUHR, SR.
Fred Franco

KAREN MATERA
John & Suzie
Lewandowski

ANNA POSPISIL
Anonymous

GERALDINE ROGERS
Tom & Jean Lund

RITA STARR
Rita T. Starr Rev. Trust

MAURICE STEIER
Fred Franco

baby shower volunteer thanks

Thank you to a wonderful community of people who donated raffle items, volunteered their time and provided treats for our fall baby shower in September. We had 30 moms and their babies, and nearly 100 guests gather together to celebrate! A special thanks to the **St. Wenceslaus Knights of Columbus** for providing the first-ever pancake breakfast for our clients and their families. It was a huge hit and such a blessing to see so much joy around the room! We also thank our photographer, Meg Rice. Find photos on our Facebook page (Friends of Essential Pregnancy Services) now!

CONTRIBUTORS || Courtney, Abby Andress, Helen Andrews, Carol Balus, Deb Borcyk, Aaron Borcyk, Jan Brannen, Connie Bredemeyer, Erika & Spencer Choquette, Dawn Coury, Marva Dunning, Lisa Fangman, Patrick Flanery, Lynn Garcia Taylor, Lisa & Bob Goldsmith, Pamela Grosse, Dana Hinman, Maddie Hofer, Madaline & Bob Hursh, Megan Knutson, Valerie & Paul Kruger, Suzie Lawler, Ed Lefebvre, Tonya Mapes, Katie Marasinghe, Monica Mora-Handlos, Kim Nebel, Margie O'Brien, Cindy Rector, Carol Robertson, Cindy Shimerda, Janice Smeal, Sue Smith, Caitlin Snow, Sarah Spencer, Audrey Suing, Mary Jean Sutton, Nicholas Swoboda, Kim Volpone, Mallory Waller, Mallory Waller, Becky Walters, and Kim Williamson



friendsofeps.org • holiday 2019 issue

ESSENTIAL PREGNANCY SERVICES
6220 Maple Street
Omaha, Nebraska 68104-0956

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CHRISTMAS GIVING

we need you

As holiday cheer dims for some, our calls from abortion-vulnerable women and those in difficult circumstances continue. Please consider a special Christmas gift to EPS to ensure we can meet the needs of all women in immediate crisis who seek refuge with us. Specifically, your donation today helps us reach more women through an enhanced website, increased EPS Helpline staffing, and additional hours of operation at our Maple Village and Bellevue locations (see inside on page 3 for more detail). Your prayers and support help women choose life! To donate now, use the enclosed envelope or make a donation online at FRIENDSOFEPS.ORG/DONATE.




LOCAL SHOWTIMES

Scan the QR Code below using your mobile device and connect instantly to GLOW event details, including an announcement of local showtimes and locations of the movie, *Unplanned*.



Local showings sponsored by EPS are open to the public. Host a viewing at your church or school. Contact Lori: 402.554.0121
or lrice@essentialps.org.

coming soon
JAN 2020

NEWSLETTER PHOTOGRAPHY & STYLING || Our sincere thanks to Jessica Scheuler of JS Photo Studios and to Anna Nelson of AKN Styles for, once again, gifting of their time, talents, and resources to host a GLOW photoshoot for EPS (photo of EPS client Karthika and baby Suhasini, pg. 4). Thank you!! And we are incredibly grateful to our other volunteer photographers who have gifted EPS over the years with their talents. The gift of photography keeps on giving as we're able to continue to use past photos to tell the EPS story. Thank you! [Cover Photo: EPS baby Aiden]